

# How to Play Soccer

Written by Carl Essa



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## Introduction

This book is going to be about soccer, how to play soccer. It will teach you about all the stuff you will need to play soccer. Some famous players are in this book, too. You will find all of the positions of the soccer players.

## Rules

1. You can't pick up the ball with your hands.
2. If you kick the ball past the foul line, it's the other team's ball.
3. You can't push other people.
4. You have to pass the ball with your feet.
5. There are supposed to be two teams and eleven players on each team.



## Famous players

### **Pele'**



Pele' was born on October 21, 1940. He played soccer for 19 years. He played as a Forward and an Attacking Midfielder. He used the number 10 for his uniform. He played for the Santos, New York Cosmos, and went on to play for his nation's team of Brazil.

Source: <http://voices.yahoo.com/why-pele-best-athlete-ever-78641.htm>



### **David Beckham**

David Beckham was born in 1975. He has made 16 goals in his career as a soccer player. He plays as a Midfielder. He was on the 2002 World Cup team for England. He played for Manchester United, Preston North End and the LA Galaxy. He used the number 5 for his uniform.

Source:

<http://www.google.com/search?q=pele+the+soccer+player&hl=en&client=safari&rls=en&prmd=imvns&tbm=isch&tbo=u&source=univ&sa=X&ei=FsQOUjuoGYKm8gSx9oCwAg&ved=0CFgQsAQ&biw=1024&bih=633>

## Positions



**Fullback:** the fullback helps the goalie to keep the ball away from the goal. There are 3 Fullbacks on each team.

**Right Wing:** the Right Wing stays on the right end of the mid line and doesn't let the ball go past the mid line. There is one Right Wing on each team.

**Left Wing:** the Left Wing stays on the left end of the mid line and doesn't let the ball go past the mid line. There is one Left Wing on each team.

**Goalie:** the Goalie does not let the other team kick the ball into the goal. The Goalie is the only player that can touch the ball with their hands. There is 1 goalie on each team.

**Center:** the Center tries to get the ball into the other's team goal. There is one Center on each team.

**Midfielders:** the Midfielders kick the ball from the midfield to try to score, or they try to kick the ball to the Center. There are two midfielders on each team.

**Sweeper:** the Sweeper helps the Goalie with protecting the goal and trying to get to the loose balls before the other team does. There is only one Sweeper on each team.

## Materials



**Soccer Cleats:** Soccer cleats are shoes that have spikes on the bottom so you won't slip when it rains on the soccer field.

**Soccer Shorts:** You need a special kind of soccer shorts to play soccer.



**Soccer Ball:** When you play soccer you need to have a soccer ball.

**Shin Guards:** Shin guards are supposed to help to protect your legs from the cleats. People might kick you in the shin, and it won't hurt because the shin guard is protecting you.



**Soccer Team:** You need a soccer team when you play soccer because you can't play with just one person. There are eleven people on each team.

**Soccer Field:** To play soccer you need a soccer field. A soccer field is a special kind of field to play soccer on.



**Jersey:** A jersey is a special kind of shirt to play soccer. You need a jersey to show your team's colors and your number.

**Goal:** A goal is something that you kick a soccer ball in to get points for your team. You need a goal so that the ball won't fly into the woods.

## All about me

Hello, my name is Carl Essa. I am ten years old, and I am a soccer player. I go to Saint Pius Catholic School. My favorite sport is soccer. My two favorite foods are pizza and hamburgers. I have 2 brothers, 1 mom, 1 dad, 1 sister, and 1 dog.





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